

More ways to Learn

Explore the resources below to find out more about plant adaptations and local nature.

Ages 8-11/ 3rd-5th grade

Start a nature journal:

A nature journal is a way to practice observing and learning from the natural world around you.

Supplies: a notebook, journal or paper, and your favorite drawing and writing utensils

1. Choose a comfortable spot to observe nature. Take a moment to look closely. Sometimes interesting things are hidden just out of site, such as under a leaf or stone.
2. Write or draw what you discover.
3. Return to your nature spot to see what's changed, or explore a new nature spot.

Find out more about nature journaling here (link here).

<https://johnmuirlaws.com/journaling-curriculum/>

Discover local nature:

Nature is all around us in Los Angeles. Learn more about nature in our city by checking out our partner organizations:

Natural History Museum, Community Science Projects (link)

<https://nhmlac.org/community-science>

Arroyos and Foothills (link) <https://arroyosfoothills.org/education/afc-wildlife-gallery/>

San Fernando Valley Audubon (link)

<https://www.sfvaudubon.org/sfv-backyard-bird-identification/>

Theodore Payne Foundation (link) <https://theodorepayne.org/learn/>
